

Voice of the Residents



VOL. 39, NO. 7

BROADMEAD, COCKEYSVILLE, MD

March 2018

Emergency preparedness is ongoing

By Bernie Anderson and Sidney Levy

Prompted by news of a major fire last year at a Pennsylvania continuing care retirement community, Broadmead management conducted a safety presentation in January, at a combined meeting of the Building and Grounds and Health Care committees.

The program is based on three principles:

- Developing a comprehensive plan dealing with fire and natural disasters
- Indoctrinating and training all participants in its implementation
- Conducting and evaluating regularly scheduled drills.

Joyce Malone, Senior Director of Facilities, described Broadmead's program for fire response. Management has established a Facility Services Team under the direction of Robin Somers, COO; Dave Witkowski, Director of Maintenance; and Joyce (the "fire officers") who, along with other designated Maintenance staff, respond to the scene of a fire.

Currently there are twelve staff "safety advocates" who report to this team. Each is responsible for a designated area within Broadmead, where they are to report when an emergency arises, and direct guests, staff, and residents to a safe zone within the Center.

These twelve "Fire Safety Zones" are located in the Holly Terrace, the lower level Recreation Room, the Arbor Café, the Auditorium, and the Fitness/Therapy/Pool areas. Four are located on Hallowell Hall and three on Taylor Hall.

Horizontal evacuation is the prime mode used during an emergency to move affected residents to a safe location. Vertical evacuation is to be avoided except as directed by the Fire

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Broadmead expansion of skilled nursing facilities okayed

By Jackie Mintz

After a lengthy planning and review process of almost a year, Broadmead recently received approval from the Maryland Health Care Commission of its application for recertification, which would allow an increase in the number of beds in skilled nursing.

As approved by the Board of Trustees a few months ago, the Master Plan envisions the construction of a new wing containing 13 skilled nursing rooms. This addition, which is budgeted at \$12 million, would serve the dual purpose of securing the use of 13 beds for which Broadmead is licensed but has not been using and of providing the extra rooms that will be needed with the addition of the Hillside Homes.

Under state law, however, any addition to existing CCRC facilities costing more than \$5 million requires recertification. Given the scope and quality of the skilled nursing facilities envisioned by the Master Plan, bringing its cost below the \$5 million threshold was not feasible.

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The masthead photo by Erroll Hay shows two pairs of mallard ducks sitting on the edge of the ice on Lake Maybe, near the fountain.

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Marketing Department spreads Broadmead's name

By Bob Heaton

Photographs by Erroll Hay

To enhance Broadmead's name recognition in the area, the Marketing Department has embarked on a program that Director Kristy Krueger calls "an incredibly inexpensive form of outdoor advertising."

In three spots in and north of Baltimore, thousands of motorists encounter attractive "Broadmead" signs indicating that the facility is supporting the control of litter along those roadway stretches (see photos).

When the "Sponsor a Highway" initiative began in 2005, advertisers sent employees to their assigned stretches twice a year for cleanup duty. But this practice was soon halted due to scheduling problems as well as safety and liability issues. Now, sponsors' fees cover biannual trash removal by state, county, or city employees.

Broadmead's signs are along a section of North Charles Street just below the city line. Two other sponsored locations are on I-83: one just north of Northern Parkway at the city line, and the other just south of the Hereford exit, about six miles north of Shawan Road.

At the CCRC in Michigan where she worked previously, Kristy relied on billboards for this kind of publicity. Here, billboards are very expensive and heavily regulated. Kristy is very pleased with these three opportunities and would add more if they were available. The program has become very popular, and new sponsorship chances are rare.



Old and New Shop

Weekdays 10 - 2 Saturdays 11 - 1

Corner Cupboard

Weekdays except Wednesday 10 - 4:30

Expansion approved from Page 1

One of the requirements for certification is that a provider agree to make a number of beds available to Medicaid patients. In this case, Broadmead representatives Robin Somers and John Palkovitz were able to demonstrate that the percentage of beds sought by the state for Medicaid use would be financially unsustainable. Broadmead was able to secure agreement for 15 percent. The Department of Aging, given its mission to ensure that CCRCs remain financially sound, was supportive of Broadmead's position.

This approval represents the last major state hurdle that needed to be cleared before implementation of the Master Plan begins.

Welcome Reception

To Meet

New Residents

Thursday, March 1

7 p.m. Auditorium

Please wear name tags

Sew and So

Tuesday and Wednesday

10 a.m. - noon Room S-215

443-578-8816

Freshly laundered garments only!

Volunteers needed

Cabaret Music and Dancing

Monday, March 12

7 - 8:15 p.m. Lounge

Everyone welcome

March health care updates

By Bob Heaton

Flu control

Health Care Administrator Ann Patterson is very pleased with Broadmead's experience with this winter's flu assault. She says that there have been only ten flu cases identified on campus, which is statistically better than in the outside world.

When asked why prepackaged plastic dining utensils, if they are believed to be effective, are not also provided in the Holly Terrace, Ann's reply was that there is a significant difference in clientele between the two venues. The Arbor Café serves many more people from the flu-ridden outside world, particularly at lunchtime. If Arbor Café customers need conventional tableware, such as knives or soup spoons, they are available from the attendants on request.

New preventive measures have been introduced in Holly Terrace. There is a new hand sanitizer at the entrance, and the buffet serving staff changes serving utensils every 15 minutes.

Ann reminds residents that if they believe they are coming down with some illness, they should call OPD (x8024) to report symptoms. OPD can put an ailing resident on the no-charge delivery list with Food Service. The resident should then call Food Service to select the items to be delivered. Residents can always arrange for food delivery, but unless they have been certified by OPD, deliveries incur a service charge.

After-hours/emergency care

Ann also reminds residents that in the event of a sudden onset of serious illness or injury, whether OPD is open or not, residents should press their pendant button or pull their emergency cord. A nurse supervisor is on duty around the clock every day.

A number of options are available for needed care in such emergencies. Nurse supervisors are well trained to review cases and discuss options with the patient or representative. Some treatment locations are available within the GBMC system, but others are not. The nurse supervisor is able to recommend the best options.

Recent developments in outpatient care

By Jackie Mintz

Broadmead residents may remember that, when it was announced that Gilchrist Elder Medical Care Services would assume responsibility for outpatient care at Broadmead, they were told that the new official name of OPD would be "Gilchrist at Broadmead." There was some talk then about an inaugural event with new signage. That time is fast approaching. Ideas for signage were recently presented to the Buildings and Grounds Committee by Director of Campus Safety George Pattee and Health Care Administrator Ann Patterson, including a new sign in the East Hall by the medical suite as well as one by the Stony Run parking lot.

Another development is the addition of a geriatric consultant to the Gilchrist resources here. A geriatric specialist, Dr. Anna Monias, will be seeing patients, both Broadmead residents and outsiders, to assess the health care needs of patients with complicated cases. She bases such assessments on one or more interviews and works with patients' primary care physician to develop an individualized plan of care. Dr. Monias is expected to see one to three patients a week. She would be available to Broadmead residents with complicated cases upon referral by Dr. Charles.

The geriatric consulting service is an add-on. It will not affect the level of care that residents receive or current staffing. Dr. Charles, the nurse practitioners, the nurse, the receptionist, and the medical assistant will continue as before. Dr. Monias will use space that is currently rented by Gilchrist and will have her own medical assistant.

BRA Health Care Lecture **Hearing Loss** **Diagnosis and Treatment**

Rory D. Cernik, Au.D.

Tuesday, March 20
10:30 a.m. Auditorium

New system expected to improve communications at Broadmead

By Jackie Mintz

Broadmead is preparing to install and implement a new software platform, **Caremerge**, designed to enhance community engagement and communications. Initially, a campus-wide calendar will be created that will allow residents to learn about events and activities on campus.

At present there is no single calendar that covers all Broadmead activities and events, making it more difficult for residents to learn about activities that might interest them. For example, information about activities in Hallowell and Taylor is not readily available to residents in the clusters. The new system will contain information about all scheduled activities.

Residents viewing the new calendar need not, however, look at the entire calendar. A view displaying all campus events might contain an overwhelming amount of information. Instead, residents can filter by categories, for example, all BRA activities.

The calendar will be accessible from any device with an internet connection (smart phone, tablet, laptop, desktop).

A general presentation about the program will be made at the March Fireside Chat. Training and introductory sessions will be held later for residents. The system is expected to be implemented in the second half of the year.

In addition to such uses as the calendar, scheduling, and reservations, Caremerge will be central to programs in the Center of Excellence in Dementia Care and the Center of Excellence in Health and Wellness. The system will facilitate better communications between family and staff and among the clinical staff as well. Families will be able to view the calendar and potentially use it to encourage residents to participate in certain activities. With permission from the resident, family members will be able to access information about a resident's profile and lifestyle. No medical information will be stored in this system.

The Caremerge system was chosen over several others after an 18-month study

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March 2018 Hallowell and Taylor

Friday March 2, 11:00 a.m.

Hallowell Hall Cluster Meeting

Saturday, March 3, 3:00 p.m.

Music with Dr. John

Tuesday, March 6, 3:00 p.m.

Music to My Ears with Judy Stamberg

Friday, March 16, 3:00 p.m.

Meditation and Music with Mike Smith

Monday, March 19, 10:30 a.m.

Taylor Hall Cluster Meeting

Wednesday, March 21, 3:00 p.m.

Monthly Birthday Party

Thursday, March 29, 10:30 a.m.

Travels with John Butler on Taylor Hall

Friday, March 30, 2:00 p.m.

Generations Day at Broadmead
Intergenerational Music - Norm Hogeland

Saturday, March 31, 3:00 p.m.

Piano Music with Bernie Hernandez

March Exhibits

East Hall

Paintings by
Carolyn Murphy
John Robbins
Beth Zimmerman

Display Case

Silver and Crystal

Atrium

Empty Bowls

Lower Level Gallery

Photography Club: Reflections

Harriet Tubman visits Broadmead

By Gwen Marable

Black History Month was celebrated with a performance by Janice "the Griot" Greene, who embodied Harriet Tubman, known as the "Black Moses" of her time and the "conductor" of the Underground Railroad. Tubman led her family and other enslaved people in the South to freedom above the Mason Dixon line.

Entering as the elder Tubman, walking with the aid of a stick and singing a spiritual, Greene took the audience back in time. She gave an oral interpretation of Harriet as an enslaved child, using the stick to push the cradle of her master's child and then being beaten with the stick when the baby cried. Using the same stick as the symbol of a



hoe, Greene depicted Harriet being beaten after she was sent into the fields to work. These early experiences motivated her to seek freedom for herself and others.

Greene engaged the audience in a call and response song, "Shuck That Corn," because music was and is part of the black experience. Questions from the audience followed, which she answered in the character of Tubman and as herself, a researcher and

storyteller.

The Multicultural Committee is planning an all-day bus trip to Cambridge, MD, in the spring, to visit the Harriet Tubman Museum, where residents will have a guided tour and see another performance by Greene.

BRA Trips Committee

Sagamore Spirit Distillery

Port Covington

Thursday, March 22

Bus departs: 10 a.m. Lower Level

Return by approx. 3 p.m.

One hour tour- standing for periods of time

Rollators permitted - Buy lunch

*Please check the **Trips Bulletin Board** for information and sign-up sheets.*

Broadmead Playreaders

World Without Memory

by Seth Kramer

Wednesday, March 7

7 p.m. Auditorium

Abraham Rothstein... ..Howard Garber

Robin, Abe's daughter..... Renate Meise

Bob, Abe's son-in-law.....Walter Hudson

Adventures in Learning

Collections and Deceptions Fine Art and Fakes

Wednesdays 10:30 a.m.

Auditorium/Lounge

March 7 **The Affair of the Flea Market Renoir**

Doreen Bolger, *former Director,
Baltimore Museum of Art*

March 14 **5,000 Years of Art at The Walters**

Gary Vikan, *former Director,
The Walters Art Museum*

March 21 **Alfred Barnes and His Collections**

Bodil Ottesen, *Adjunct Professor,
History of Art, MICA*

March 28 - **Confronting Fakes and Forgeries in the Art World**

Gary Vikan, *Author "Sacred and Stolen:
Confessions of a Museum Director"*

Library news

By Del Sweeney

Residents may have noticed that, over the past six months, some of the library's books have been moved into new locations. The reason is that the Library Work Group is under a mandate to reduce its collection to 2,000 books from a previous high of nearly 8,000. Under the Master Plan, the library's collections will be consolidated on the Lower Level, but the size of the library will be considerably reduced.

Many of the library's books were outdated or apparently had not been read in many years. The remaining books are now more relevant, and there is room for the addition of recently published books. About 150 new (to the library) books were added in 2017.

The discards from the library are free to residents and staff. These are located on shelves under the stairs, on the Lower Level. As these books are taken, new ones are put on the shelves.

Books that are not being kept or are unlikely to sell at the Barn Sale are currently being sent to The Book Thing in Baltimore City, which distributes all its books free of charge.

The library welcomes donations of recently published books in good condition. These form the core of the library's collection and reflect residents' diverse interests. Books in excellent condition, if not added to the library's collection, are sent to the Old & New Shop for sale.

The library does not have money to buy books, with one exception. Each year we purchase about 15 large print books because these are not often donated to the library.

The members of the Library Work Group are Dotty Schwartz, chair, Priscilla Barrett, Victoria Bragg, Ruth Martin, Peggy Patterson, and Del Sweeney.

Robin Kelley—serving Broadmead almost since day one

By Bob Fetter

Robin Kelley, current coordinator of the Corner Cupboard, is among the handful of Broadmead staff who have served for more than 38 years. Robin joined the Broadmead staff in Food Service on February 13, 1980, shortly after graduating from Hereford High School. This was just months after the first "mudders" moved into the clusters.

Robin began working part-time in the main dining room, training also for assignments in the old Coffee Shop, where she eventually became the lead server. She then became a production assistant, working with food shipments and inventory.

With a desire for change, Robin next worked with Pat Graham, then in charge of Finance. One of her unofficial job duties was providing Pat at least one laugh each day.

Her talents and her gift for cheering people up continue to be employed in the Corner Cupboard convenience grocery store. As one customer pointed out, "The most important role Robin plays is lifting the spirits of everyone who frequents her store.... She treats all customers with kindness and patience and entertains them all with her delightful sense of humor and infectious laugh.... Customers leave the Corner Cupboard in a better mood, thanks to Robin's healing presence."

Robin has been married for 33 years. She met her husband, also from Hereford High School, in the tenth grade. They have one daughter, who is married and living in Ohio with her husband and two children.



Erroll Hay

Great Decisions

Facilitator - Barry Rascovar

Mondays, 3:30 p.m. Auditorium

March 5 - **South Africa**

March 12 - **Global Health Issues**

New Arrivals

Tom and Linda Koch	A-3
Jerry and Marilyn Winkelstein	Q-2
Michael Boardman	N-8
Libby Olton	D-11

Holly Terrace introduces healthier dining alternatives

By Nancy-Bets Hay

A spa menu has become available in Holly Terrace along with the regular dinner menu. The Broadmead Food Service Department introduced this option in late January.

Inspired by residents' interest in healthy, simply prepared dietary choices, Bernard Queen, Director of Food Service, and the chefs now offer the following options at dinner: low-sodium vegetable soup, low-sodium chicken noodle soup, grilled salmon, grilled chicken breast, grilled veggie burger on whole grain bun, and steamed vegetables of the day. In addition, healthier choices are specifically noted at the salad bar (fresh fruit and garden salads) and the dessert counter (fresh berries).

Residents interested in any of the hot items on the spa menu, which are listed on a separate sheet in the menu folders at the tables, should give the order to their server or to someone behind the buffet line. A customer may decide to have an entrée or side dish from the buffet line and also order something from the spa menu to complement the meal. Wait

times have been significantly shortened during the first weeks of the spa menu offering.

Based on medical research, health care professionals recommend that elders decrease salt, sugar, and saturated fats in their diets and increase fruits and vegetables. Moreover, some residents may need to watch calories in order to manage weight gain, while others may need to gain some weight. Consuming fine-dining, restaurant-quality food at dinner six nights a week, and a fabulous Sunday Brunch buffet to top off the week, is a risk, over time, for serious health issues such as high blood pressure, diabetes, and obesity. These conditions are easier to avoid than to treat. The new service allows residents to tailor individual diets to conform with advice from their physicians.

Many residents have expressed gratification, some through Google Group postings, that the Food Service Department has listened patiently to their concerns and acted so effectively to address them.

The Broadmead Greenhouse

By Angela Breakey

Gardens are dear to many residents of Broadmead. Having a large south-facing greenhouse on the premises is a way to perpetuate that enjoyment over the long winter months. Residents can keep their tender plants there from October until June, provided they care for them by watering and watching for any insect visitors. Watering equipment, Bonide systemic insect control, and small tools are provided in a tall cupboard.

The Broadmead greenhouse plants give pleasure not only to the gardeners who are overwintering plants, but also to residents who look into the greenhouse to enjoy the texture and color of the plants as they work on the fitness machines or strengthen damaged muscles in occupational therapy. As residents walk over to the Center, stepping into the greenhouse, out of the wind, for a few minutes

is an experience of color and warmth in the gray and cold of winter.

Recently, concern was expressed that the Master Plan did not include the greenhouse. At a recent meeting of the Architecture



Erroll Hay

Committee, consultant Fran Anderson and CEO John Howl gave assurance that the current greenhouse will remain.

Resident Garden

Plots still available

*Please call Florence Platt x8209
or place a note in mail cubby E-10*

Did you know?

By Penny Partlow

When Lucy Wright and her husband, Vernon, settled into Cluster W, Lucy told friends, "I feel like I've come home." Little did she know that she had.

Although Lucy Babb grew up on Quaker Bottom Road, it was not until this past January that an email from a cousin, Alice Fryer, told her that, in 1890, their great-grandfather, John Crowther, Jr., president of the Towson National Bank, purchased the property that is now Broadmead. Then known as Mt. Repose, the 494 acres along a branch of the Gunpowder River was farmed by his son, William Crowther, until 1904.

William and his wife, Eliza, raised 10 children in what is now Holly House. Mary Grace Crowther Babb, his sister and Lucy's grandmother, must have visited her brother there on many occasions.

Lucy never knew her grandmother, but she is looking forward to taking her sister, Maggie Babb, who will move to Broadmead this spring, to Holly House. Together they will stand in the footsteps of their grandmother.

In the nearly 300 years since Broadmead's property was occupied, there have been many owners, and there may well be other residents who have connections to this place. Please let The Voice know if you, too, have come home.

[Editor's note: This is an ongoing feature of the Voice. Email your discoveries of unknown connections to: voicebra@gmail.com]

MaCCRA Annapolis trip rescheduled

By Ed Hirschmann

The February bus trip to Annapolis, so carefully planned by the leaders of MaCCRA, was cancelled because of the danger of icy roads. Despite the difficulty of obtaining legislative attention and meeting rooms as the Assembly session lengthens, State President Alma Smith has announced that the trip has been successfully rescheduled for Wednesday, March 14. The bus will depart at 8:30 a.m.

MaCCRA has already testified in favor of amended Senate Bill 425, which would require a refund of a resident's entrance fees within a year in the event of the resident's death or "effective date of termination of occupancy."

Residents hear about eye diseases and treatments

By Sue Baker

In last month's Health Care lecture, co-sponsored by InSight, Deena Ghazzi, O.D., described abnormal eye conditions ranging from the familiar (presbyopia, or near-sightedness) to rarer conditions, such as Fuchs' dystrophy (corneal swelling). Most eye diseases benefit from early diagnosis and treatment.

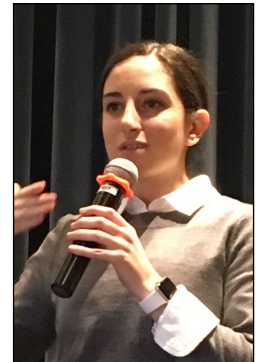
Glaucoma, caused by high pressure in the eyeball, is more common in older adults. It can lead to gradual loss of peripheral vision or even blindness, but is treatable with eye drops, oral medications, or lasers.

Age-related macular degeneration (AMD) is the leading cause of blindness in the United States for people over 65. Ninety percent of cases are called "dry," when the pigment begins to degenerate. Although far less common, the "wet" variety results in the most visual loss. Treatment of AMD with vitamins is often beneficial.

Cataracts cause blurred vision and decreased contrast. Successful cataract surgery, either laser or incision, is commonplace today, often reducing the need for glasses.

Diabetic retinopathy, which affects the blood vessels of the retina, can cause scarring or retinal detachment. These problems become more likely the longer a patient has diabetes.

A corneal transplant, in which part or all of the cornea is replaced with a cornea from another person, is another approach to the treatment of eye disease.



Angela Breakey

Broadmead Writers Group

Fridays, 4 p.m.

Fireplace Room

Often followed by dinner

New members welcome

Audiovisual team at work

By Jai Dixon

The BRA Audiovisual Committee consists of a dedicated team of volunteer residents working together to serve the Broadmead community. When an AV-supported event goes off without a hitch, the job was successful.

In 2016 the auditorium sound system was upgraded to the state-of-the-art system residents now enjoy and share with Broadmead Inc. Approximately 35 to 45 scheduled events require audiovisual support each month.

What does it take to be an AV team member? Patience, curiosity and a willingness to serve. Team members are constantly learning and helping one another during the events covered.

In an effort to communicate more effectively, an AV website has been established, where information such as equipment descriptions/locations, calendars, setup procedures, and libraries is available.

Yes, audiovisual equipment (laptops, portable amplifiers, and projectors) may seem complicated, but when residents work as a team anything is possible and can be fun. To help keep the community safe from nasty viruses, the AV team has implemented a "Mics-n-Wipes" campaign. All microphones and equipment are wiped down before, during, and after use to help combat germs that are spread when equipment is handled by many people.

Team members are grateful to be volunteers in such an appreciative community that forgives the foibles that come with using the technology. It is this technology that allows all to enjoy movies, lectures, and performances.

If any residents are interested in joining the team, please talk to anyone on the AV team, place a note in the AV mail cubby, or send an email to bra.avcom@gmail.com.

This is the third in a series of articles on BRA committees.

BRA Concert Series Raphael Trio

Violin, cello, piano

Sunday, March 4
2 p.m. Auditorium

BRA Open Forum

Luther for the 21st Century

Thursday, March 15

7 p.m. Auditorium

Marc Forster

Professor of History, Connecticut College

Reflections on Diversity and Inclusion

Thursday, March 22

7 p.m. Auditorium

Freeman Hrabowski, III

President, University of Maryland,
Baltimore County (UMBC)

The Multicultural and Music Committees

Morgan State University Choir

Wednesday, March 14

7 p.m. Auditorium

Met Opera Bus Trips

Charles Theater

Semiramide - Gioachino Rossini

Saturday, March 10

Così fan tutte - W.A. Mozart

New Production

Saturday, March 31

Bus departs: 11:55 a.m. Lower Level

Return by 5:30 p.m.

*Please check the **Bulletin Board***

behind the reception desk

for information and sign-up sheets.

Bus charge is \$15/person

Buy opera tickets at the Charles Theater.

Evacuation procedures, from page 1
Department because elevators will be shut down. Special chairs for people with disabilities will be used to move them comfortably down designated stairways.

The acronym "RACE" provides an outline of how to respond to an emergency: **R**escue anyone in danger; **A**ctivate an alarm; **C**onfine or contain the fire; **E**xtinguish the fire.

Fire extinguishers are located throughout the Broadmead campus, and residents should note their location in case they are needed. These extinguishers are type ABC, which are of dry chemical content. Staff or residents can remove them from their brackets and follow the "**PASS**" instructions: **P**ull the pin located near the top of the extinguisher; **A**im the nozzle; **S**queeze the handle firmly to discharge the contents; and **S**weep from side to side at the base of the fire.

If a fire occurs in your cluster home, pull the emergency cord in your unit or press your emergency pendant. Then evacuate your home and activate the fire alarm located in your cluster. Upon activation of any of these devices, the front desk and campus safety officer will be alerted to the emergency via an alarm panel at the front desk and the phone carried by the campus safety officer, who will then respond to the emergency. All others should shelter in place unless instructed to move by the campus safety officer, a fire officer, or the Fire Department.

If a fire occurs while you are in the Broadmead Center, do not use the elevators and do follow the instructions of the safety advocates.

Broadmead conducts quarterly fire drills on each shift as required by state and local fire codes. Even during a drill in the Center, everyone should follow the instructions of the safety advocates.

To be prepared for other emergencies, for example, the disruption of food deliveries due to off-site roadway problems, or the loss of electric power, Broadmead has stocked a three- to four-day supply of water and basic food supplies.

Residents should have an emergency kit in their home that includes at least a flashlight, extra batteries, a manual can opener, and a

supply of water. In case of any emergency on campus, the best defense is normally to shelter in place unless directed otherwise.

Popular Supreme Court lecture series ends *By Ed Hirschmann*

James O'Hara, Loyola University professor, concluded his Broadmead series on the Supreme Court with two lectures in February, sponsored by Adventures in Learning.

O'Hara said that the selection and approval of Supreme Court justices has become "too political" in recent years. Instead of just checking their moral and intellectual qualifications, opposing senators try to "shred the reputation" of court nominees who may hold diverging views, he noted.

O'Hara explained the principal division of the court in the traditional way—between the Hamiltonians, who favor expanding judicial roles in the government, and the Jeffersonians, who favor strict limitations on governmental authority. He refused to express a preference, but he characterized the present leading Hamiltonian, Justice Ruth Bader Ginsburg, as "a great justice" and "awfully sharp."

O'Hara revealed his virtual "all-star" cast of Supreme Court justices: among the chief justices, John Marshall, who set the all-powerful role of the court in the government; Roger B. Taney, who, O'Hara said, should not be judged entirely by his one worst act (the Dred Scott decision); William Howard Taft, Earl Warren, and William Rehnquist.

And he also chose his all-star team of associate justices—in addition to Ginsburg, he named Joseph Story, Samuel Miller, Stephen Field, John Marshall Harlan I and II (grandfather and grandson), Hugo Black, Felix Frankfurter, Robert Jackson, and William Brennan.

The Supreme Court establishment also includes a necessarily expanding staff, now numbering approximately 450, including a contingent of 150 police to protect the justices, staff, and visitors. There are also a counsel for the chief justice; a librarian with three assistants; a curator; a public information officer; and a reporter to publish the decisions. The staff processes some 9,000 requests to the court annually, of which about 80 will be heard.

Pigs and mobs in Baltimore's early history

By Ed Hirschmann

Pigs, mobs, and a financially flabby railroad all played their roles in the up-and-down history of the city of Baltimore, a Broadmead audience was told recently.

Matthew Crenson, professor emeritus of political science at Johns Hopkins University, and a Baltimorean himself, said that in the 18th century, pigs were needed to clear the garbage from city streets because there was no municipal pickup or sewer services. But wandering pigs, in turn, became a problem.

Speaking from the Open Forum rostrum, Crenson said that the city, founded in 1729, grew slowly on the banks of the Patapsco River, but after the American Revolution, seagoing traffic flourished, and from 1790 to 1820, the population quadrupled. But some of those "founding fathers" were the rowdies who gave Baltimore its reputation of a "mobtown." These were the base for the Know-Nothing Party of the 1850s.



Erroll Hay

The town's businessmen saw the way to future prosperity in the new railroad—the Baltimore & Ohio. Twenty percent of the population invested in B&O stock, but the financing lagged and the railroad didn't reach the Ohio River until 1851.

Similarly, major industrial investments usually bypassed Baltimore; its factories were small, localized investments, which eventually were sold to larger neighbors, until the city became known as a "branch-office town."

"With all this, how can I love the place?" Crenson asked rhetorically. "The things that trouble us are the things we love."

Residents learn about orchids and their care

By Bob Heaton

Advice on caring for orchids in the home, as well as copious information about the plants, was provided to about 60 residents and guests in February. The talk was given by Sarah L. Spence, a retired professor of botany, biology, and zoology at Baltimore City Community College. She is also President of the Maryland Orchid Society.

According to Spence, orchids are the most numerous and diverse flowering plants in the world. There are more than 120,000 species and hybrids. They are indigenous to every continent but Antarctica. Orchids grow in trees (epiphytes), on rocks (lithophytes), on the ground (terrestrials), and even underground.

Spence detailed the roots, stems, leaves, and flowers of many types of orchids, and explained the role of each component. She showed examples of how orchids use ingenious mechanisms to achieve cross-pollination by tricking insects to do the work. Orchids can also use vegetative reproductive methods. Hybrids, the goal of many who grow orchids for their showy flowers, require cross-pollination.

Proper care, Spence explained, requires six elements: Water when dry. Use weak fertilizer at every other watering. Inspect frequently. Preen, remove dead parts, and stake for support. Apply tender, loving care. And, most important, have patience—it may take several years for an orchid to begin blooming.

The event was sponsored by the Cliff Dwellers Garden Club and arranged by resident Anne Minkowski, a club member.



Bob Heaton

InSight - Low Vision Effect of Glare on Vision

Tuesday, March 13
3:30 p.m. Auditorium

Michelle Bianchi
Vision Therapist, GBMC

Men's Saturday Social

9:30 a.m. Auditorium

March 10 - Larry Schneider
March 24 - TBA

Please wear name tags

Collector looks at Art Deco

By Ed Hirschmann

A popular artistic trend in the 1920s and '30s had a brief revival last month at Broadmead, as Art Deco design was presented, explained, and illustrated at an Open Forum lecture.

The speaker was Ernest Liotti, now at the Peabody Institute, and formerly at Loyola University. Many of the slides he showed were of objects in his personal collection.

Art decorative became a major fashion, from its first unveiling, in Paris in 1925. Its curling, streamlined motif was seen in ashtrays, lamps, cocktail shakers, and clocks as well as architecture, furniture, and vacuum cleaners. Americans even tried it for automobile design, in the Chrysler Airflow and the Ford Edsel.

Liotti explained that Paris remained the fashionable world's cultural center until the massive destruction of centers and mood during World War II.

Caremerge, from page 4

conducted by George Pattee, Director of Resident Services and Capital Planning; Stacey Young, Director of Lifestyle and Dementia Programs; and Andy Switzer, Director of Wellness and Life Enrichment. Residents have been involved in the process and are participating in a trial, both to advise on procedures and to suggest additional uses. The BRA Executive Committee, which has been briefed on the program, responded favorably to the plan.



Erroll Hay

Housekeeping Department cleans many more spaces than garden homes

By Sue Baker

The housekeeping department, which has been led by Jesse Russell for the past year and a half, has responsibilities extending far beyond the regular cleaning of residents' apartments. In addition to residents who live independently, those in Taylor and Hallowell depend upon the HMAs (home management associates) for cleaning their areas. Moreover, the cleanliness of public indoor areas such as halls and bathrooms is among housekeeping's responsibilities, as are the laundry and trash rooms. Apartment front doors are cleaned as they become dirty.

Many tasks are needed only rarely, such as cleaning carpeting in apartments. This job can be arranged by residents once a year, at no charge, by calling Jesse. Some residents have chosen not to have their carpets cleaned because they mistakenly believe that they would have to move out of their apartment overnight. Heavy-duty floor fans dry the carpet in a few hours, so there is no need to evacuate.

Outside windows are washed once a year, beginning in June. If someone wants this done more often, or wants the inside of some windows cleaned, it is possible either to pay for the additional service or to trade a regular HMA task, such as vacuuming or bed-making, in return for having some windows washed.

Shawn Evans, Housekeeping's former office coordinator, has been reassigned to field work for the department. His replacement is Tim Williams, whom many residents know from his tenure in Food Service. Tim, whose extension is 8012, juggles schedules as necessary. A resident who is ill, for example, can let him know, so the weekly cleaning can be shifted to another day. Whenever possible, an effort is made to accommodate residents' needs and preferences.

In Memoriam

Anne Schwartz

December 15, 1936 - January 26, 2018

Emery Cleaves

May 11, 1936 - February 3, 2018

Marjorie Scott

March 27, 1923 - February 8, 2018

John Michener

October 6, 1925 - February 17, 2018

Doris Gilbert

January 22, 1927 - February 21, 2018

First Monday Book Group

10:30 a.m. - Auditorium

March 5

Salt: a World History
by Mark Kurlansky

THE CREATIVE SCENE

By Jane Elkinton

Plan to enjoy the final week of VICINUS—the sculpture exhibit brought to Broadmead by our “neighbors” in the Rinehart School at MICA. Special thanks are due to the resident advisory committee: Nancy Allchin, Jai Dixon, Jane Elkinton, Liz Jackson, Lynn Jones, Ross Jones, Denise Love, and Jackie Mintz.

The opening program on February 3 included welcomes from Robin Somers, Broadmead COO; Michael Molla, Vice President for Strategic Initiatives at MICA; and Jann Rosen-Queralt, Interim Director of the Rinehart School. The reception was a wonderful opportunity to meet the artists whose works span the Center.

On the Lower Level, Hunter Boeh bemuses with his winsome *fursona* [an animal used to represent oneself], tubby pandas, Alex Green’s ceramic piece provides a feminist interpretation of Aries, Cevahir Ozdogan depicts a Turkish folk tale, and Xun Wang muses on the world of trees, wood, and paper.

Outside the Arbor Café, Sera Boeno uses wood and concrete to evoke memories of her home in Istanbul, Alfredo Medrano presents a sculptural impression of Baltimore, while

Cynthia O’Neill provides a mandala meditation on the eye.

In the Atrium, Joshua Pyburn presents steel and limestone references to Carl Jung; his piece in the downstairs entrance reflects a direct confrontation with granite. Beside the fireplace are hand-felted trophy heads with a surreal touch by Ryan Lytle. The only outdoor installation is slate sewn with string, by Yuli Sung, located near the croquet court.

The exhibit closes on March 8.

* * * * *

The Photography Club presents “Reflections” in the Lower Level Gallery.

The Atrium will present the Ceramics Group’s contributions to the 2018 “Empty Bowls” event, which will be held at the Timonium Fairgrounds later in the month.

The Display Case presents “Silver and Glass” as its theme, affording various reflective surfaces to consider.

In the East Hall are paintings by residents Carolyn Murphy, Beth Zimmerman, and the late John Robbins, whose works have been generously loaned by his family. John’s acrylics include landscapes of Harford County. His daughter, Ann, recalls that John’s subject matter was always varied and unpredictable.



Clockwise from top left: Cythia O’Neill, with Liz Jackson; Cevahir Ozdogan and Bob Forster; Alex Green with Ross and Lynn Jones; Jann Rosen-Queralt, Rinehart School interim director; front row: Hunter Boeh, Alex Green, and Xun Wang; back row: Joshua Pyburn and daughter, Alfredo Rodriguez Medrano, Robin Somers, Jann Rosen-Queralt, Cynthia O’Neill, Andy Switzer, Sera Boeno, Cevahir Ozdogan, Jai Dixon, Yuli Sung, and Jane Elkinton.



Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.
Lounge

Bible Study

(sponsored by
Govans Presbyterian Church)
Tuesdays, 10 a.m.
Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
Second Thursdays, 10 a.m.
Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.
Fireplace Room

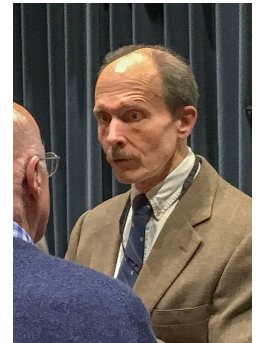
China: gulfs and contrasts

By Richard Goody

In 30 years' time a new Planet Earth will be required to satisfy China's needs for raw materials. This was one of the startling pieces of information that residents were given at a "Theme Night" on China, presented in February.

The presentation had two parts. The first half consisted of excerpts from a DVD that emphasized the gulf between classes developing in modern Chinese society.

On the one hand is a huge agricultural class often using traditional methods, for example, on the Honghe Hani Rice Terraces. As one farmer remarked, "Town people could not do this work." This contrasts with the hectic and glitzy world of the industrial half of China, which takes the Western world as its gold standard. For this half, "to be rich is glorious," and your class depends upon your wealth.



Bob Heaton

The second half of the program dealt with the contrast between Taiwan and China. It was presented by Tim Baker, Jr., son of resident Sue Baker, who lives in Taiwan with his family and teaches history at the National Dong Hwa University. Baker presented a picture of a contented, virtually classless population, differing in fundamental ways from the mainland Han and living prosperously in a fiercely democratic society.

Double the Pleasure: Nigel and Lily Truelove

By Sally Bloomer

Richard and Kathleen Truelove double their pleasure by having two West Highland White Terriers ("Westies"). These enjoyable companions are described as "a big dog in a little dog's body."

Eleven-year-old Nigel, the senior dog, at first ignored newcomer Lily, aged five, but not for long. Lily turned out to be the alpha dog, taking charge of omega Nigel. Lily alertly barks at knocks on

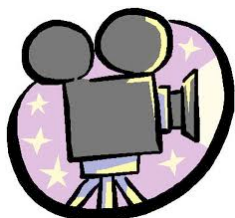


Kathleen Truelove

the door, but soon shows the characteristic temperament of Westies—friendly, confident, spunky, playful, and courageous.

Westies were bred to control vermin such as mice, rats, and squirrels. Their coats are hair, not fur. They sport pointed ears, piercing eyes, and a carrot-shaped tail.

The playful canines are frequently seen in the back window of Q-11. When visitors knock on the door, they are eagerly greeted and welcomed by the inquisitive pair.



Broadmead Movies

Auditorium 7 p.m.

Tuesdays: Bob and Elborg Forster

Saturdays: John DePrine and Bob Gist

Saturday, March 3 *The Good Lie*

(Reese Witherspoon, Corey Stoll)

A young Sudanese refugee has difficulty adapting to modern life in the United States.

2014 PG-13 1h 50min

Tuesday, March 6 *The Red Badge of Courage*

(Audie Murphy, Bill Mauldin)

Stephen Crane's Civil War novel about a Union soldier's struggle between cowardice and bravery under fire. Dramatic Rebel cavalry charge adds realism.

1951 NR 1h 9min

Saturday, March 10 *Murder on the Orient Express*

(Johnny Depp, Kenneth Branagh)

Kenneth Branagh portrays the detective, Hercule Poirot in this remake of Agatha Christie's famous novel.

2017 PG-13 1h 54min

Tuesday, March 13 *The Long, Hot Summer*

(Paul Newman, Joanne Woodward, Orson Wells)

William Faulkner's Mississippi tale of a dominating plantation patriarch, his resistant daughter, and the adventurous, tough outsider. A tense drama in summer heat.

1958 NR 1h 55min

Saturday, March 17 *Amazing Grace*

(Ioan Gruffudd, Albert Finney)

This historical drama recounts the life of William Wilberforce, an 18th century English politician who launched an aggressive campaign to end British slavery.

2006 PG 1h 58min

Tuesday, March 20 *The Little Foxes*

(Bette Davis, Herbert Marshall, Teresa Wright, Richard Carlson)

Based on Lillian Hellman's play, Regina Giddens is the scheming matriarch who maneuvers her mild-mannered husband and two conniving brothers out of her family's textile fortune. Regina's material success is

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negated by her daughter's flight from her mother's ruthless greed.

1941 NR 1h 55min

Saturday, March 24 *I, Tonya*

(Margot Robbie, Sebastian Stan)

This wickedly entertaining film looks at the life and career of Olympic skater Tonya

Harding.

2017 R 2h

Tuesday, March 27 *Renoir*

(Michel Bouquet, Vincent Rottiers)

The French Riviera in 1915. The aging impressionist Pierre Auguste Renoir awaits the return from World War I of his son, the future filmmaker Jean Renoir. Subsequently the father's model falls in love with his son. French with English subtitles.

2012 R 1h 51min

Saturday, March 31 *Darkest Hour*

(Gary Oldman, Kristin Scott Thomas)

The darkest hour in British history may have been early during the Second World War, when Winston Churchill stubbornly refused to surrender his country to Adolph Hitler and the Nazi military.

2017 PG-13 2h 5min

Hallowell residents hear about peonies

By Bob Fetter

David Michener recently presented an enthusiastic and knowledgeable talk about peonies to residents on Hallowell Hall. David, the son of John Michener, is associate curator at the botanical garden and arboretum at the University of Michigan, where he has been overseeing the rejuvenation of the peony garden.

A variety of objectives are sought by peony growers and breeders—more fragrance, stronger stems, new colors, and better appearance in arrangements, to cite just a few.

Numerous programs and activities take place on Hallowell and Taylor Halls each month. The Lifestyle Department welcomes ideas for future programs and speakers.

Barn Sale Clothing

Last day to donate, March 25

Voice of the Residents

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President: Bob Daly

Co-Editors *Susie Fetter and Bob Fetter*
Associate Editor for Content *Bob Heaton*
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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor complaints about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent both to voiceBRA@gmail.com.



Full moon rising opposite the setting sun

Erroll Hay